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## MAGAZINE

Issue #46



### SUSAN M. CARR

The Art of Screaming

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**SO YOU WANNA BE A LEAD SINGER?:** If the *For Dummies* book series expanded their franchise to DVD, one could imagine that *Screaming Your Lungs Out without Shredding Your Vocals Chords for Dummies* would turn out a lot like singer/actress Susan M. Carr's *The Art of Screaming* DVD. On the heels of Melissa Cross' successful *The Zen of Screaming* DVD, Carr essentially videotapes some singing lessons and creates an instructional DVD, featuring separate segments for men and women, a play-by-play demonstration from Killing Roots' Jeff Reynolds, and advice from Mastodon's Troy Saunders, among other vocalists. The DVD benefits from demonstrating the physical aspects of vocal training, and the package conveniently includes a CD for extra practice once the viewer has learned how to work his or her diaphragm. Melodic wailing gets more time from Carr than death metal growls, but it's clear that her vocal exercises could help any metal singer looking to project further or at least ensure that your vocals don't give out 10 minutes into your set. Practicing vocal scales of "Me" and "Nyat" may drive your neighbors up a wall, but for an aspiring singer who can't shell out for lessons, *The Art of Screaming* should prove invaluable. ~ Ben Apatoff

